



# TS SKIN CARE

## Acne Treatment Specialists

### Product Use Instructions for all Skin Types

#### Evening Routine

1

##### Prepare Cotton

Fold a 6" to 8" piece of the cotton wrap into thirds. Shake the Cleanser (Carrot, Rosemary or Manuka) and apply onto the cotton pad, covering the entire front side, making sure the cleanser soaks through to the bottom side.

Exfoliates the skin while cleansing.

2

##### Moisten & Cleanse

Spray the face 12 to 14 times with Spritzer (Mineral Freshener or Ionic Spritzer). Using firm, circular motions to cleanse the skin, use all six sides of the cotton pad to remove all dirt, oil and makeup.

Stimulates the production of collagen

3

##### Cell Renewal

Apply 6-10 drops of Night Treatment Serum (Blue Lotion, RejuviTite, or Huile Rejennisse) to the skin and massage well. **Blue lotion must be refrigerated!**

Speeds cell repair & slows signs of aging

4

##### Night Treatment

Apply a pea size amount of Night Treatment (Always Me, Petal Blanche, My Best Cream, or Skin Detox) to the skin. Spray the face with Spritzer and continue massaging until the cream is fully absorbed.

Hydrates & nourishes skin overnight

5

##### Mask

Apply approximately 1/4 teaspoon of Masque (Renovador OS, Renovador DS or ClearZit) to the palm of your hand, shake well before pouring. Apply mask to face using your fingertips. **Avoid the eye area!** Leave masque on while sleeping or lounging around the house.

Speeds cell turnover, brightens skin

FREE SHIPPING on orders over \$150. Order online at [TSSKINCARE.COM/ORDER](http://TSSKINCARE.COM/ORDER)



TS SKIN CARE  
Acne Treatment Specialists

1520 Edgewater Dr., Ste. A, Orlando, FL 32804  
Hours: Mon-Thurs 9-8, Fri & Sat 9-6, Sun 10-5  
(407) 999-5008 • [TSSKINCARE.COM](http://TSSKINCARE.COM)



# TS SKIN CARE

Acne Treatment Specialists

## Product Use Instructions for all Skin Types

### Morning Routine

1

#### Prepare Cotton

Fold a 6" to 8" piece of the cotton wrap into thirds. Shake the Cleanser (Carrot, Rosemary or Manuka) and apply onto the cotton pad, covering the entire front side, making sure the cleanser soaks through to the bottom side.

**Exfoliates the skin while cleansing.**

2

#### Moisten & Cleanse

Spray the face 12 to 14 times with Spritzer. (Ionic Spritzer or Mineral Freshener). Using firm, circular motions, cleanse the skin until masque is removed. (Shower after this step.)

**Stimulates circulation & blood flow**

3

#### Tone

Apply a few shakes of Toner (Herbal or Silvercure) to cotton pad and tone face and neck.

**Removes oil or masque residue & balances PH**

4

#### Day Treatment

If appropriate, apply a few drops of liquid Day Treatment. (RejuviTite, Huile Rejennisse, Anti-Aging Oils, or Zit-O.)

**Minimizes fine lines & wrinkles plumps skin**

5

#### Sun Protection & Day Cream

Warm a pea sized amount of Lite 'n Velvet or Porcelain between fingers, dab on face and neck, and massage.

**Protects and moisturizes skin, SPF 23**

6

#### Moisten

Spray the face 8 to 10 times with Spritzer and continue massaging until day treatment is fully absorbed. (If skin feels oily, use less cream and/or more Spritzer.)

**Helps skin absorb creams, & balances PH**

FREE SHIPPING on orders over \$150. Order online at [TSSKINCARE.COM/ORDER](http://TSSKINCARE.COM/ORDER)



**TS SKIN CARE**  
Acne Treatment Specialists

1520 Edgewater Dr., Ste. A, Orlando, FL 32804  
Hours: Mon-Thurs 9-8, Fri & Sat 9-6, Sun 10-5  
(407) 999-5008 • [TSSKINCARE.COM](http://TSSKINCARE.COM)