# TS SKIN CARE Acne Treatment Specialists

### Acne Care Product Use Instructions

### **Morning Routine**

#### **Prepare Cotton Pad**

Fold a 6" to 8" piece of the cotton wrap into thirds. Shake the Manuka Cleanser<sup>™</sup> onto the cotton pad so front side of cotton is covered, ensuring cleanser soaks all the way through to the bottom side of the pad.

Lightly exfoliates each time you cleanse



1

#### Moisten & Cleanse

Spray face 12-14 times with lonic Spritzer<sup>™</sup> before cleansing. Wipe with gentle circular, upward and outward motions until the skin is clean and you have completely removed your mask. (Shower now.)

Apply Silvercure Toner<sup>™</sup> to cotton pad and tone face.

Fights bacteria & stimulates the lymphatic system

Removes oily or mask residue & maintains PH

4

Tone

#### **Apply Spot Treatment**

Shake Zit-O Day Lotion™ well before use. Put no more than 2-3 drops of Zit-O™ in the palm of your hand. Spot on face to treat troubled areas.

Fights blemishes during the day

## 5

#### **Apply Day Treatment**

If needed for moisture, massage a few drops of Huile Rejennisse<sup>™</sup> into skin. Follow with a pea sized amount of Lite 'n Velvet<sup>™</sup>. Warm cream between fingers, dab on face and neck, and massage well.

SPF 23 that protects skin & fights infection

6

#### **Moisten Skin**

Spray skin with lonic Spritzer<sup>™</sup> and continue massaging the skin until day cream is fully absorbed. If skin feels too oily, use less cream and more spray!

Helps skin absorb cream and keeps PH balance

FREE SHIPPING on orders over \$150. Order online at TSSKINCARE.COM/ORDER



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## Acne Care Product Use Instructions

### **Evening Routine**

#### **Prepare Cotton Pad**

Fold a 6" to 8"piece of the cotton wrap into thirds. Shake the Manuka Cleanser<sup>™</sup> onto the cotton wrap, covering the entire front side, making sure the cleanser soaks through to the bottom side.

Exfoliates the skin while cleansing



#### **Moisten & Cleanse**

Spray face 12-14 times with Ionic Spritzer™ before cleansing. Wipe with gentle circular, upward and outward motions until the skin is perfectly clean and all traces of dirt, grime and makeup are removed. If your pad still shows signs of dirt, use another pad, until your skin is perfectly clean.

Stimulates the production of collagen

Cel

4

#### **Cell Renewal**

**Hydrate and Protect** 

Apply a thin layer of Blue Lotion<sup>™</sup> to the face and massage well. **Blue Lotion must be refrigerated!** 

If needed for dryness, massage a few drops of

of Skin Detox <sup>™</sup> Cream to active breakouts.

Huile Rejennise <sup>™</sup> into the skin over the Blue Lotion<sup>™</sup>.

If instructed by your Aesthetician, apply a small amount

Helps reduce redness and inflamation

Moisturizes and protects skin for healing

Acne Control

Use Clearzit Night Masque<sup>™</sup> every night. Shake well before use. Put 1/4 tsp. on palm of hand and apply to face and neck. **Avoid eye area**. If you have active breakouts, cover areas with more Clearzit Masque<sup>™</sup>. A slight tingly feeling is normal. Touch, don't scratch area where it tingles. Sleep with mask on.

Heals active breakouts & fights infection

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